



LIFETIME LEARNING CENTER

*Daytime Courses for Adults*

# Winter Quarter 2010

**January 4 - February 25**

*A Resource for Learning, Teaching, Friendship*

**6208 – 60<sup>th</sup> Ave. N.E.**

**Seattle, WA 98115**

**(206)-524-3778**

Website: [www.LifetimeLearningSeattle.org](http://www.LifetimeLearningSeattle.org)

E-mail: [llc\\_2000@hotmail.com](mailto:llc_2000@hotmail.com)

**Roger Neale**  
Director

**Edla Deppman**  
Office Manager

# Lifetime Learning Center

## Sandpoint Education Center

*Open to the Public ∪ Bring a Friend*

“Sharpen your mind and make new friends”

### Winter 2010 Event Calendar

<b>Mon. January 4</b>	<b>9:00 am</b>	<b>Classes Begin</b>
<b>Thu. February 25</b>	<b>3:00 pm</b>	<b>Classes End</b>

### REGISTRATION

Lifetime Learning Center, a nonprofit, educational institution, offers classes and social events for older adults. Our courses provide the joy of learning and challenging the mind without the problem of exams or grades. Classes meet weekly.

**Fees:** To enroll, students pay a \$15 registration fee each quarter plus a course fee of \$30 per class. Some classes require additional lab, book or materials fees. There is no registration fee for Queen Anne and Loyal Heights classes.

**Enrollment:** Classes fill on a first-come, first-served basis. Registrations are valid only when accompanied by payment. No class confirmations are sent. Students are notified by phone if a class is filled or cancelled.

### Three Ways To Enroll:

1. Complete the registration form at the back of this brochure, or print a copy of the registration form from our website, enclose fees, and mail to:  
Lifetime Learning Center  
6208 60<sup>th</sup> Ave. N. E.  
Seattle, WA 98115
2. Register at [www.lifetimelearning.org](http://www.lifetimelearning.org) and pay online via Paypal.
3. Call (206) 524-3778 to be sure we are in, drop by and register in person.

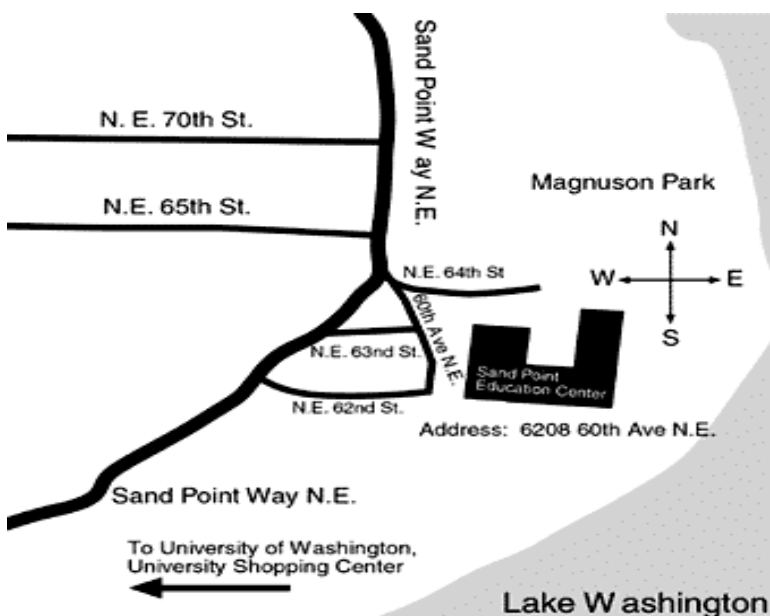
**Scholarships:** The Center has just created a Memorial Scholarship Fund. See the Wednesday page in this schedule for more information.

### FACULTY

Ellen Andersen, Fine Arts  
Bruce Bigley, Ph.D., Literature  
Leona Beauchamp, Fine Arts  
Ellen Z. Berg, Ph.D., Sociology  
Jeanne Bryan, B.A., Music Education  
Theodore Deacon, DMA, Music  
Marty Falsberg  
Nancy Ferrell, MS, Computer Coach  
Tom Flener, Tai Chi Instructor  
Vel Gerth, B.A., Writing Instructor  
Craig Lutz, Cribbage Enthusiast  
Marianne LoGerfo, MA, Teaching  
John A. “Pete” Mazza, CLU  
Les McKim, Ph.D., Literature  
Barbara Miller, Music Instructor  
Ron Nece, Sc.D., Civil Engineering  
Betty Puckett, B.Ed. M.A  
Otto Reinert, Ph.D., Literature  
Stacy Schulze, Yarn Artist  
Michael Shurgot, Ph.D., Literature  
Bobbie Simone, Ph.D., Literature  
LeeAnn Starovasnik, S.A., Feldenkrais  
Ted Szatrowski, Bridge Instructor  
Bill Taylor, MA, Political Science

Many thanks to these talented people who donate their time and expertise.

They make Lifetime Learning Center a fantastic experience for our students!



---

# Monday

# January 4-February 22

---

**The Poetry of W.B. Yeats** 10:00-11:30  
Michael Shurgot Room 102

A survey of the major poems of Ireland's most accomplished poet. We will read poems spanning the entire range of Yeats's career.

**Cribbage** 10:00-11:00  
Craig Lutz Room 104

Have you ever wondered how cribbage is played? Here's your chance to learn and play. Cribbage is a unique card game that uses a scoring system of points that are constantly generated during the game. Using a normal decks of cards, the scoring is done on a cribbage board and involves earning points both by playing your own hand and also off of your opponents. Come take this opportunity to learn a challenging and unique card game.

**Massenet's Paris** 1:00-3:00  
Theodore Deacon Auditorium

Today, revivals of the operas of Jules Massenet are rare and largely confined to his popular trio *Manon*, *Werther*, and *Thaïs*. Yet during his lifetime Massenet was one of the most popular opera composers in Europe. His 26 music dramas reveal a receptive ear and eye for the mercurial tastes of his beloved Paris. The quintessential Parisian, Massenet was at the center of a dazzling array of singers, conductors, authors and visual artists. Come discover how this great French composer reflected the turbulent milieu of his time and place. A class both novice and aficionado will enjoy.

**Crochet** 1:30-3:00  
Stacy Schulze Room 104

For beginners or refreshers. All you need is a hook and some yarn, and you can learn the skills to make clothes, household items and decorations. For learning and practice, bring some yarn and at least one hook of the right size for the yarn. You are also invited to bring any patterns or crochet books that interest you.

**Rome** 1:00-2:30  
Marianne LoGerfo Room 102

Cheeky slaves, heroic gladiators, and emperors both saintly and villainous come alive in short readings, great films and lively discussion. We'll explore the history, society, comedy and philosophy of a fascinating people who are so familiar and yet so foreign to us today.

---

# TUESDAY

---

# January 5-February 23

---

**Short Stories of Frank O'Connor 9:30-10:30**  
Michael Shurgot Room 103

First of a two-part survey of one of Ireland's most prolific and imaginative Twentieth Century writers.

**Goethe in Poetry and Song 9:30-10:45**  
Barbara Miller, Bruce Bigley Room 104

Johann Wolfgang von Goethe, best known to American readers as the author of *Faust*, also wrote dramas, novels, scientific essays, and lyric poetry. Scholars consider his poetry to be the wellspring of the German *Lied*, or art song, a musical form that began with straightforward settings of Goethe's poetry by his friends Zelter and Reichardt and grew through the inspiration and artistry of great songwriters like Franz Schubert, Robert Schumann, Hugo Wolf, and others. We will read and discuss some of his poems in English translation (with a look at the German texts), and then listen to recordings to compare interpretations by different composers. Texts and translations will be provided. Scores of most songs will be available for a copying fee to those who would like them.

**MORE Balance in Action 11:00-12:00**  
LeeAnn Starovasnik Auditorium

NEW Lessons every quarter tailored to students' needs. Continue to improve your ability to move, sense and feel balance, with greater awareness, safety and confidence in your day to day activities. LeeAnn chooses from over 1100 Awareness Through Movement<sup>®</sup> and Bones for Life lessons. Whether you want to be more comfortable sitting at your computer, climbing stairs, playing with your grandchildren, or performing a favorite pastime, these gentle lessons can improve your overall well being. Wear WARM, comfortable clothing and bring a thick blanket or mat to lie on.

**Writing Your Life Story 10:00-12:00**  
Class Facilitators Room 102

Listening to each other helps us get those stories written! In-depth written critique is offered. Short in-class writing assignments are given as time allows. Facilitated by several class members.

**Shakespeare: *Hamlet* and *King Lear***  
Otto Reinert Room 104 11:00-12:00

Without making a big argument about it, it seems safe to say that Shakespeare professionals today, both in the theater and in the academy, agree that *Hamlet* and *King Lear* are his greatest tragedies. We will read both carefully—not to agree or disagree with the professionals but to experience the plays ourselves. We'll consider cultural context and dramatic and theatrical conventions, but our emphasis will be on what is most easily accessible to us: the printed texts. Texts: Signet edition, \$4.95 each.

**Quilt Making Basics 12:30 – 2:00**  
Betty Puckett Room 104

Quilters can learn and share the creative skill of crafting beautiful quilts. Class members select their own projects. Students should have basic knowledge of basic hand/machine sewing.

**French Short Stories 1:00- 2:20**  
Les McKim Room 103

This is a sequel to the Fall Quarter course. Stories will span two centuries with French authors: Voltaire, Balzac, Flaubert, Claudel, Gide, Mauriac, Ayme, and Camus. The dual language text facilitates activities in French and English. The course goals are to improve communication skills and knowledge of literature. Book: *French Stories: A Dual-Language Book*, Wallace Fowlie.

**Living in a Post-America World**     **1:00-2:15**  
Ellen Z. Berg                             Room 102

This course will explore some themes and tensions suggested by Fareed Zakaria's book *The Post-American World*. Having read his book is not a pre-requisite to this course.

The material for this course will include articles and short stories which will be distributed in class, and a book – *Three Cups of Tea* by Greg Mortenson – which is widely available at libraries and book stores. All the material will help us better understand globalization, culture wars, nation-building, and making foreign policy.

For the first session, please read Secretary of State Hillary Clinton's Council on Foreign Relations Address of July 15, 2009. Copies will be available in the LLC office, or you can Google it at

<http://www.cfr.org/publication/19840>> It is not necessary to read the Question and Answer session following the speech.

The thesis of this book is that America's sole super-power status is waning – less because of U.S. actions and more because of "the rise of the rest." Zakaria argues that other nations, particularly China ("the challenger") and India ("the ally"), are growing their economies and assuming larger roles in international relations, so diminishing the status of America. In addition to reading his analyses of China and India we will read a short story or see a video about each, to get a more personal sense of the cultural changes taking place in those societies. Finally, we will read Zakaria's suggestions for how America might reorient itself to this changing international reality – a post-American world.

I will assign 20-30 pages for each session, but recognizing that not everyone will find time to

read this much every time, I will indicate 'must read' sections as well. The discussion will be based on the book, so doing at least minimal reading is expected.

**Current Events** **10:30-11:50**  
Marty Falsberg Conference B

A wide-ranging discussion group, touching on such diverse topics as headlines from the world at large, national topics such as the capabilities and accomplishments of our intellectually challenged leaders in Washington DC, Olympia, and Seattle. We also touch on topics suggested by the group members.

**Sophocles** **9:30-10:45**  
Bobbie Simone Room 103

Sophocles, The Theban Plays: *Oedipus the King*, *Oedipus at Colonus*, and *Antigone*. Among the greatest plays in literary history, asking such questions as, "How much control do we have over our lives?" and "What is worth dying for?" Penguin edition, translated by Robert Fagles, available from the instructor on the first day of class. (We will see an African-American musical version of the second play: "The Gospel at Colonus.")

**Bridge** **10:00-11:30**  
Ted Szatrowski Room 104

This class is for bridge players who have some bridge knowledge and wish to polish their skills by learning new bidding conventions as well as learning to play defense. We play bridge for fun, and downplay the competitive aspects. You will make new friends, improve your memory, and have a wonderful time.

**A Brief History of Dams** **1:00-2:00**  
Ron Nece Room 104

Retired UW Civil Engineering prof Ron Nece describes several dam and other fresh-water projects in the US and abroad. Learn about water supply, irrigation, flood control, hydro power, and fisheries. Using lots of photo slides, Ron will make connections to local history, the

impact on people, and the environment. He will motivate you to travel and see these places, and help you understand how these dam things work!

**Film: Odd Couples** **1:00-3:00**  
Bobbie Simone Room 103

*Bride of Frankenstein* (with Boris Karloff and Elsa Lancaster and listed in the National Film Registry); *Marty*, (Ernest Borgnine and Betsy Blair); *Harold and Maude*, (Ruth Gordon and Bud Cort); *The Graduate* (Dustin Hoffman and Ann Bancroft); *Annie Hall* (Woody Allen and Diane Keaton); *Driving Miss Daisy* (Jessica Tandy and Morgan Freeman); *Talk to Her* (Dir. by Pedro Almodovar. In Spanish with subtitles); and *Elsa y Fred* (a Spanish septuagenarian romance). Plus a bonus film. Discussion follows film. Free popcorn.

**The LLC Memorial Scholarship Fund**

There is a scholarship fund to help pay the class fees for potential students unable to enroll in courses due to financial hardship. Our goal is to allow anyone desiring to take LLC classes to do so, whatever their financial condition. Those interested will be able to discuss scholarship applications with Edla at the LLC office.

Do you know someone who would like to take classes but can't afford the fees? Or someone who would like to take more classes than they do? Encourage these learners to talk to us about the scholarship program! It's there to be used.

**Introducing the New Instructors at LLC**

**Stacy Schulze** learned to crochet from her grandmother and aunts. She loves to explore techniques of crocheting and other hand crafts. Hiking or on the bus, she always has a project close at hand. She loves sharing her knowledge with others.

**Ron Nece** retired after a career teaching civil and environmental engineering at UW. He has a wealth of slides that will make you see with fresh eyes the dams and water projects you visit in future travels.

**Craig Lutz** is a lifelong cribbage enthusiast who learned to play at an early age. He is teaching this class in an effort to revitalize the game and find more playing partners.

**Taking the Bus to LLC**

Metro Routes 74 and 75 can drop you at 62<sup>nd</sup> and Sand Point Way, one block from the Center. Route 30 comes from Seattle Center, and can be caught at Campus Parkway in the U-district or 1<sup>st</sup> Ave. N. and Republican on Queen Anne.

You can catch the 74 or 75 at such connecting places as:

- 125<sup>th</sup> NE and Lake City Way
- 50<sup>th</sup> and University Way in the University District
- 15<sup>th</sup> NW and 85<sup>th</sup> in Ballard

Want to find your best route? On the Internet go to "Seattle Metro Trip Planner." Enter your address, and "6208 60<sup>th</sup> NE" as your destination. You can specify Fastest or Fewest Transfers.

**Piano-Keyboarding 1**                      **10:00-11:00**  
Jeanne Bryan                              Room 104

For students with basic knowledge of names and locations of those ivories and some note-reading. By term end, students can play familiar tunes. Piano book \$16. New students must contact instructor before joining the class. Class limited to 5.

**Piano-Keyboarding 2**                      **11:30 – 12:30**  
Jeanne Bryan                              Room 104

Continuation of keyboarding. Piano book \$16. Limited to 5.

**Creative Writing**                              **9:30-11:30**  
Vel Gerth                                      Room 102

Enjoy spontaneous writing. Exercises spark the morning to increase the use of your unique language.

**Note:** class is limited to the first fifteen students who register. This class fills quickly.

**Art History: Let's Go to the Museums Part II**  
Leona Beauchamp    Room 103    **11:30-12:30**

We will visit the Metropolitan Museum of Art in New York, the National Gallery in London, and the Louvre in Paris. Various professors will be our guide for lectures on DVD. Highlights include the art of ancient Greece and Rome at the Met, Jacques-Louis David and his school at the Louvre, Impressionism at the National Gallery, and American art at the Met. \$5.00 fee for outlines.

**Watercolor: Beginner and Beyond**  
Ellen Andersen    Room 108    **12:30-2:50**

We work from still life setups and paintings by the instructor. We welcome students to bring things or prints they want to paint from. Instruction in color

mixing, composition, and drawing as it relates to watercolor painting. Fees for copies of paintings.

**Tai Chi**    **12:00-1:00**  
Tom Flener                                      Gymnasium

Tai Chi Chuan is a Chinese martial art based on the principles of softness and relaxation overcoming hardness and tension. In these sessions we will study the Chan Ssu Gong or "Silk Reeling Exercise," using the principles of softness and relaxation, to build a foundation for our forms and to bring these principles into our daily lives.

**Book Discussion Group**                      **1:00-2:20**  
Staff    Room 104

The group meets weekly, or sometimes every other week when a "big" book is up for discussion. We read contemporary fiction, and sometimes nonfiction and classics. When possible, we choose books from the Seattle Public Library's book group list, so we don't have to purchase all the books we read. First book for Winter Quarter is William Maxwell's *They Came Like Swallows*.

**Poetry Mosaic**                                      **1:00-2:30**  
Elhri Larsen, Facilitator                      Room 102

We will savor a mix of poetry that moves us, emphasizing shorter contemporary pieces that we bring to read aloud and share. Poems by American and international writers—some light, some serious—who speak to our love of language and open minds. We enjoy and learn a little about the poets and a lot about life and ourselves along the way in a relaxed, non-academic atmosphere.

**Lifetime Learning Center at Greenwood  
Senior Center**

**Intermediate Digital Photo  
Editing/Organizing Using Picasa for PC &  
Apple/Mac**

**Instructor: Nancy Ferrell  
Thursday, February 18 and 25  
10:00 - 2:30 (1 hr lunch break) each day**

**Prerequisite: Completion of Intro or Basic  
Picasa class**

In this class, the creative fun kicks into high gear as we go beyond the editing basics to creating movies, collages, and using the web-based features of Picasa including emailing and uploading to web albums. Managing and synchronizing web albums, creating and ordering gift items, geotagging photos and printing photos will be included.

Participants should bring a disk with at least 100 digital photos. Laptops are welcome, as long as you already have Picasa installed and have a working wireless network adapter in your laptop. Please check [www.picasa.com](http://www.picasa.com) to make sure you have the most current version installed prior to first day of class.

The Greenwood Senior Center is located at 525 N. 85<sup>th</sup> Street.

---

# Queen Anne and Loyal Heights

---

## Lifetime Learning Center Classes at the Queen Anne Community Center and Loyal Heights Community Center

Thanks to an agreement with Seattle Parks & Recreation, we are able to offer classes at these two locations.

The following class is offered at Queen Anne on **Thursday** mornings beginning January 7:

### **The Civil War – Beyond the Battles** Pete Mazza **11:00-12:30**

While the Civil War often evokes references to names of battles and generals, there lies within the story of the conflict a series of failed attempts to reach political, social and economic compromises that could have avoided the war. In this expanded version of the original course we will look at the political leaders and their decisions, as well as the economic systems, the social infrastructures, the moral issues of the ante-bellum years and the roles they played in either aiding or diminishing the potential for the secession and the war.

During the war years we will see the changing objectives and motivation of the Union, the near intervention of England, France, Austria and Prussia, the political dilemmas of Lincoln, the economic and political implications of several military campaigns, the collapse of the confederacy and the war's legacy for the next century. We will also explore the personalities and characteristics of the military and civilian leaders whose decisions and policies influenced the conduct of the war and the peace that followed.

#### **Location**

The Queen Anne Community Center:  
1901 First Avenue West, Senior Rec Room

The following class is offered at Queen Anne on **Tuesday** afternoons beginning January 5:

### **Why Is There Something Instead of Nothing?** Marianne LoGerfo **1:00-2:30**

And what is the underlying nature of that something? Is it good, bad, or merely indifferent? Can there be goodness without reward? Ancient India in the east and ancient Israel in the west thought deeply about these questions in Gandhi's beloved Bhagavad Gita and in the Bible's Book of Job—both brief, profound, and hugely influential masterworks. We will explore these texts, their questions and answers, and consider what modern genetics, evolution, and astronomy can add to the conversation.

The following class is offered at Loyal Heights on **Tuesday** mornings beginning January 5:

### **A History of the Arab-Israeli Conflict** Bill Taylor **9:30-10:45**

This course will examine the major events in the history of the Arab-Israeli conflict: The origins of the conflict; The 1948 War and the origins of the refugee crisis; The 1956 and 1967 Wars; The 1973 War and the Israeli-Egyptian peace agreement; Changing settlement policies and the first *intifada*, The Oslo Peace Process and why it failed; The 2000 Camp David negotiations and why they failed; Camp David to the present; The only road to peace. **Note:** Course fee is \$35 to include handouts,

#### **Location**

The Loyal Heights Community Center:  
2101 NW 77th Street, 2<sup>nd</sup> Floor

**LLC REGISTRATION FORM**

**WINTER QUARTER 2010 Jan. 4-Feb. 25**

Name \_\_\_\_\_ New student  New Address  Yes  No  
 Address \_\_\_\_\_ How did you learn about LLC? \_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
 Date \_\_\_\_\_

Please enter fees for the courses you will take.

Class		Fee	Fee
<b>Monday</b>			
<input type="checkbox"/> Yeats _____		\$35	_____
<input type="checkbox"/> Rome _____		\$30	_____
<input type="checkbox"/> Opera _____		\$35	_____
<input type="checkbox"/> Crochet _____		\$30	_____
<input type="checkbox"/> Cribbage _____		\$30	_____
<b>Tuesday</b>			
<input type="checkbox"/> O'Conner _____		\$30	_____
<input type="checkbox"/> Goethe _____		\$30	_____
<input type="checkbox"/> <i>Hamlet, Lear</i> _____		\$30	_____
<input type="checkbox"/> Life Story _____		\$30	_____
<input type="checkbox"/> Balance _____		\$30	_____
<input type="checkbox"/> Quilting _____		\$30	_____
<input type="checkbox"/> Sociology _____		\$35	_____
<input type="checkbox"/> French _____		\$35	_____
<input type="checkbox"/> LH: Arab-Israeli Conflict _____		\$35	_____
<input type="checkbox"/> QA: Why is There Something _____		\$30	_____
<input type="checkbox"/>			

Class		Fee	Fee
<b>WEDNESDAY</b>			
<input type="checkbox"/> Current Events – 10:30AM _____		\$30	_____
<input type="checkbox"/> Sophocles _____		\$30	_____
<input type="checkbox"/> Bridge _____		\$30	_____
<input type="checkbox"/> Dams _____		\$30	_____
<input type="checkbox"/> Films _____		\$30	_____
<b>THURSDAY</b>			
<input type="checkbox"/> Piano-Keyboarding 10:00 _____		\$30	_____
<input type="checkbox"/> Piano-Keyboarding 11:30 _____		\$30	_____
<input type="checkbox"/> Art History _____		\$35	_____
<input type="checkbox"/> Creative Writing _____		\$30	_____
<input type="checkbox"/> Watercolor _____		\$35	_____
<input type="checkbox"/> Reading Poems _____		\$30	_____
<input type="checkbox"/> Lifetime Book Group _____		\$30	_____
<input type="checkbox"/> Tai Chi _____		\$30	_____
<input type="checkbox"/> QA: Civil War _____		\$35	_____
<input type="checkbox"/> Picasa _____		\$50	_____
<input type="checkbox"/> <b>Total..</b> . . . . .		<b>\$</b>	_____

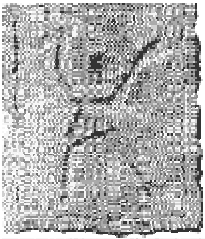
Registration Fee (not required for Queen Anne and Loyal Heights classes) .....\$ 15.00  
 Donations (We appreciate your generosity) .....\$ \_\_\_\_\_  
 Total .....\$ \_\_\_\_\_

VISA or Mastercard (Note: \$3-5 charge to cover costs) \_\_\_\_\_

**Bankcard fees:** Banks have increased the fees they charge us for bankcard transactions. You are welcome to pay by bankcard, but we need to pass on the costs. We will add: \$3 for transactions to \$50, \$4 for \$50-\$100, \$5 for over \$100.

Mail to: Lifetime Learning Center  
 6208 60<sup>th</sup> Ave. NE  
 Seattle, WA 98115

You may also register and pay online at: [www.lifetimelearningseattle.org](http://www.lifetimelearningseattle.org)



LIFETIME LEARNING CENTER

6208 – 60<sup>th</sup> Ave. N.E.  
Seattle, WA 98115  
206-524-3778

Non-Profit Org.  
U.S. Postage  
**PAID**  
Seattle, WA  
Permit # 1140

## Class Schedule Winter Quarter 2010

**Visit us!**



**Lifetime Learning Center**  
*For Adults Who  
Never Stop Learning!*