



LIFETIME LEARNING CENTER

Daytime Courses for Adults

Spring Quarter 2011

March 28 - May 19

A Resource for Learning, Teaching, Friendship

520 Northeast Ravenna Blvd.

Seattle, WA 98115

(206)-524-3778

Website: www.lifetimelearningseattle.org

E-mail: llc_2000@hotmail.com

Roger Neale
Director

Edla Deppman
Office Manager

Lifetime Learning Center

Open to the Public ∪ Bring a Friend

“Sharpen your mind and make new friends”

REGISTRATION

Lifetime Learning Center, a nonprofit, educational institution, offers classes and social events for older adults. Our courses provide the joy of learning and challenging the mind without the problem of exams or grades. Classes meet weekly.

Fees: To enroll, students pay a \$15 registration fee each quarter plus a course fee of \$30 per class. Some classes require additional lab, book or materials fees.

Enrollment: Classes fill on a first-come, first-served basis. Registrations are valid only when accompanied by payment. No class confirmations are sent. Students are notified by phone if a class is filled.

Two Ways To Enroll:

1. Complete the registration form at the back of this brochure, or print a copy of the registration form from our website, enclose fees, and mail to:
Lifetime Learning Center
520 Northeast Ravenna Blvd.
Seattle, WA 98115
2. Call (206) 524-3778 to be sure we are in, drop by and register in person.

Scholarships: Inquire at the LLC office for scholarship applications. Scholarships are granted on the basis of need and are limited to classes not already filled with enrolled students. Full grant, work-study, and combined grant & work-study are available.

Spring 2011 Event Calendar

Mon. March 24	11:00 – 1:00	Open House
Mon. March 28	9:00 am	Classes Begin
Thu. May 19	3:00 pm	Classes End
Fri. May 20	12:00 - 1:30	Celebration

Faculty

Maid Adams, M.Ed., Educational Psych.
Steve Adler, Film Aficianado
Ellen Andersen, Fine Arts
Bruce Bigley, Ph.D., Literature
Doug Bowden, Ph.D.
Jeanne Bryan, B.A., Music Education
Theodore Deacon, DMA, Music
Marty Falsberg
Nancy Ferrell, MS, Computing Coach
Tom Flener, Tai Chi Instructor
Vel Gerth, B.A., Writing Instructor
Vilma Illanes, Spanish Instructor
George Kunz, Ph.D., Psychology
Marianne LoGerfo, MA, Teaching
John P. “Pete” Mazza, CLU
Les McKim, Ph.D., Literature
Barbara Miller, Music Instructor
Betty Puckett, B.Ed. M.A
Stacy Schulze, Yarn Artist
Michael Shurgot, Ph.D., Literature
Bobbie Simone, Ph.D., Literature
LeeAnn Starovasnik, S.A., Feldenkrais
Marilyn Stauter, Writing Instructor
Becky Sukovaty, MPA, MA
Ted Szatrowski, Bridge Instructor
Bill Taylor, MA, Political Science

Many thanks to these talented people who donate their time and expertise. They make Lifetime Learning Center a fantastic experience for our students!



All Aunt Hagar's Children: Edward P. Jones**9:30-11:00**

Michael Shurgot

Room 107

All Aunt Hagar's Children, a collection of short stories that Jonathan Yardley called an "elegiac, luminous masterpiece," is the third book by Edward P. Jones, the Pulitzer Prize winning African-American writer. The *Chicago Tribune* called these stories "the art of a writer with unusual talent; among these stories are the best short fiction of the decade." *Newsweek* said that "This collection of short stories deftly explores African-American life in Washington, DC, past and present"; while *Ebony* writes that "Jones finds the strength of his narrative in the pure humanity of his characters—a quality that propelled his Pulitzer Prize winning work, *The Known World*, to great heights."

The Civil War—Beyond the Battles

Pete Mazza

Room 108

9:30-10:45

We think of battles and generals, but within the story of the conflict lies a series of failed attempts to reach political, social, and economic compromise that could have avoided the war. We will look at the political leaders and their decisions, as well as the economic systems, the social infrastructures, and the moral issues of the early ante-bellum events. During the war years we will see the changing objectives and motivation of the Union, the near intervention of England, France, Austria and Prussia, the political dilemmas of Lincoln, and the war's legacy for the next century.

Marriage, Jealousy, and Kindermord in the Winter's Tale and Little EyolfBruce Bigley Room 108 **11:00-12:15**

The Winter's Tale and *Little Eyolf*, plays from near the end of the careers of Shakespeare and Ibsen, portray marriages in crisis, fueled by

sexual jealousy and resulting in the death of a child. And each has a happy ending, of sorts, earned by lots of soul searching and suffering. We will read the plays, watch a video of each, and discuss and compare them. Texts of *Little Eyolf* will be available from Edla after quarter begins. You may use any text of *Winter's Tale*.

Robert Schumann's Song Cycles of**Wandering** Room 106 **1:00-2:30**

Barbara Miller

The Romantics were fascinated by the idea of wandering both as simple travel and as a psychological journey. During Robert Schumann's great year of songwriting in 1840, he wrote several song cycles that are structured around this idea. In addition to talking about the great love story between Robert Schumann and Clara Wieck, who became his wife during this great songwriting year, we will listen to and discuss Schumann's Opus 39 *Liederkreis* and Opus 35 *Kerner-Lieder*.

Note: this is a seven-week course beginning April 4.

Crochet

Stacy Schulze

1:30-3:00

Lounge

For beginners or refreshers. All you need is a hook and some yarn, and you can learn the skills to make clothes, household items and decorations. For learning and practice, bring some yarn and at least one hook of the right size for the yarn. You are invited to bring any patterns or crochet books that interest you.

Note: a six-week class; no classes April 25 and May 2.

What Makes Us Tick...and Why?Doug Bowden Room 106 **9:30-10:45**

How is the competition between brain circuits manifested in the competition between desires and beliefs as we struggle to decide the right course of action in ambiguous situations? We'll look at common experiences of sex, politics and religion to see why competing brain circuits and psychological conflicts lead us in parallel to act as we do. We'll also touch on memory, parenting, and aging.

This course is an expanded version of the class Doug presented in the summer.

Spanish 101

Vilma Illanes

9:30-10:45

Room 108

A fun, no-stress introduction to Spanish. A great way to keep the mind exercised without being overwhelmed. Text: *Learn Spanish the Fast and Fun Way* (Barrow, 3rd Edition.)

The Birth and Rebirth of Classical ArtMarianne LoGerfo Room 106 **11:00-12:15**

While feasting our eyes on some of the most beautiful and powerful works of art ever created, we'll explore the influence of Greek and Roman works on the subject matter (primarily myths), as well as the style and expression, of Western Art from the Renaissance to Modern times. We'll examine how such masters as Botticelli, Titian, Rubens, Bernini, and Velasquez used composition, color, line and form to express ideas of order/control, power/excitement, and sensuality/eroticism, and how each period re-imagines a classical world that speaks to its time.

Balance in Action

LeeAnn Starovasnik

11:00-12:00

Gym

What if you could improve your sense of balance in walking, standing, and climbing stairs? What if you could right yourself more easily once you sense you are off-balance? We offer an introduction to methods drawn from Bones for Life™, Awareness Through Movement™, and the Feldenkrais Method™. Students will be guided through a series of gentle movements designed to increase their ability to balance in daily activity. Wear warm, comfortable clothing and bring a thick blanket or mat.

Writing Your Life Story

Staff

10:00-12:00

Room 107

Short in-class writing exercises, lots of sharing plus weekly focused assignments help students get that story written! Gentle, in-depth critique of student work is offered. Limited to 18 students.

Quilt Making Basics

Betty Puckett

12:30 – 2:00

Lounge

Quilters can learn and share the creative skill of crafting beautiful quilts. Class members select their own projects. Students should have basic knowledge of basic hand/machine sewing. Class size is limited to 8-10 with instructor's okay.

Camus et Prevert

Les McKim

1:00-2:30

Room 107

Each class will be in two parts: 30 minutes for Prevert poems and study notes; 60 minutes for Camus, when we read and discuss in French *Just Assassins* and *Les Justes*, one of Camus' most famous plays. Requirement: basic knowledge of French.

Text: photo copies to be purchased in class @ \$8:00

Introduction to Feminist PhilosophyBecky Sukovaty Room 108 **1:00-2:15**

All are welcome to join us for this participatory introduction to one of the newest and most exciting directions in the ever-evolving discipline of philosophy. Each week we'll read and discuss short selections that open up key concepts and approaches to feminist theory. We'll start with the views attributed to one of the earliest female figures in the Western canon, the elusive Diotima of Plato's *Symposium*. We'll go on to be challenged and inspired by such feminist-oriented thinkers as Simone de Beauvoir, Maria Lugones, Friedrich Nietzsche, and Donna Haraway. Love them or hate them, you'll find these are some of the most thought-provoking ideas to emerge in the past few millennia!

Film Noir

Steve Adler

1:00-3:00

Room 106

An eight-session class in which the instructor will explore the artistic roots of *film noir*, explain the economic and political influences on the growth of these films, and then demonstrate what makes this style unique.

Film noir is best defined as a style in American films made between about 1941 and 1958. The *film noir* films are black and white, many scenes are purposely shot in somewhat dark surroundings, and because of their age do not have subtitles.

Discussion follows showing. First film will be *Detour*.

Creative Writing

Marilyn Stauter

1:00-2:30

Gym

The purpose of this class is to stimulate your juices, and give you a safe place in which to write. Your pieces can be truth or fiction or a combination of both. No negative criticism is allowed, but positive comments are always nice

to hear. Similar in format to Vel Gerth's Thursday class.

Leaving a Bequest to the Learning Center

Most of us (should be all of us!) have an estate plan that makes sure our wealth passes on to our families in the way we want it to. Our estate plans can also be a way to make a difference to organizations we value.

Consider making a bequest to LLC. It doesn't have to be a large amount. But we are a small enough organization that your thoughtfulness in leaving a bequest can have an impact. LLC has existed for 30 years. You can help make sure it serves the generations that will follow us.

***A Good Scent From a Strange Mountain*, Robin Olen Butler**Michael Shurgot Room 107 **9:30-10:30**

Ann Beattie calls this collection of short stories, which won the Pulitzer Prize in 1992, “Deeply affecting. A brilliant collection of stories about storytellers whose recited folklore radiates as implicit prayer. One of the strongest collections I’ve read in ages.” John Pratt, writing in *The Detroit News*, asserts that “The number of novels and short story collections about the Vietnam War is now approaching 500. Were I to recommend a single volume that poignantly shows the magnitude and the humanity of the tragedy, it would be this one.”

Book note: get Grove Press 2001 edition, not the original 1992 edition. Instructor can order the book for you; call (206) 522-8265. (ISBN 978-0-8021-3798-2)

Current Events 10:45- 12:15
Marty Falsberg Room 107

A wide-ranging discussion group, touching on such diverse topics as headlines from the world at large, national topics such as the capabilities and accomplishments of our intellectually challenged leaders in Washington DC, Olympia, and Seattle. We also touch on topics suggested by group members.

The Iliad of Homer 10:00-11:15
Bobbie Simone Room 108

Achilles gets back into the battle. Books 17-24. Come back to finish this greatest of all epics or catch up and join us. Latecomers are welcome. Robert Fagles translation.

Beginning Bridge 9:00-10:30
Ted Szatrowski Room 106

This class is for individuals who may or may not have played bridge before but would like to learn. We will start by learning point count, basic bidding, and learning some basic bridge conventions. Students learn the game by playing. We play bridge for fun—and down-play the competitive aspects. You will make new friends, improve your memory, and have a wonderful time.

Intermediate Bridge 10:45-12:15
Ted Szatrowski Room 106

This class is for bridge players who have some bridge knowledge

The Paradox of Power and Weakness
George Kunz Room 107 **12:30-2:00**

Discuss one chapter each week of *The Paradox of Power and Weakness: Levinas and an Alternative Paradigm for Psychology*. The ethical philosophy of Emmanuel Levinas challenges Western egocentrism with the self primarily “concerned about its own being.”

Queen Anne Class

He describes how responding to the ethical call to transcend the ego's "complicity with its own being," its obsessions, compulsions, and addictions, and how placing the Other before the self offers the self its authentic existence.

The author, inspired by this philosophy, unpacks the complementary paradoxes: power is powerful and weakness is weak, but power can sabotage itself, and the weakness of others has power to put oneself in the service of others. *Shame* as a fundamental characteristic of *being* for humans will be examined, as well as flawed efforts to escape, and possible rescue by the call of the Other.

Film: Gems from the Fifties

Bobbie Simone Room 106 **1:00-3:00**

All About Eve, with Bette Davis, Anne Baxter, and George Sanders; *Harvey*, with Jimmy Stewart and Josephine Hull; *On the Waterfront*, with Marlon Brando and Eva Marie Saint; *The Lavender Hill Mob*, with Alec Guinness and Stanley Holloway; *The Caine Mutiny*, with Humphrey Bogart and Van Johnson; *Singing in the Rain*, with Gene Kelly and Debbie Reynolds; *Twelve Angry Men*, with Henry Fonda and Lee J. Cobb; *North by Northwest*, with Cary Grant and Eva Marie Saint. Discussion follows screening.

In partnership with Seattle Parks & Recreation, the following course is offered at the Queen Anne Community Center at 1901 1st Ave.

Time to Deal With Clutter

Maid Adams **9:30-10:30**

Frustrated? Guilty? Overwhelmed? This class can help you simplify your life and accomplish what you want to do. It will help you set goals, make decisions, and provide support for this difficult process. "It gave me hope that this task was doable. I thought I was all alone in this." This is a six-week course. The first meeting is April 6. Fee is \$30.

There is no additional registration fee for Queen Anne CC courses.

Spring 2011 Technology Classes

Nancy Ferrell, MS Home Computing Coach

Technology Trends: Windows 7 Continued
March 30 12:15--3:15

This course picks up where our "Intro to Windows 7" left off last quarter. There will be demonstrations of Internet Explorer, working with photos, music and other media, adding/removing desktop items and working with files (creating, saving, finding files in Windows Explorer). No computer needed - this is a demonstration style class and you'll be watching the demos on the big screen.

You'll receive a handout of the main points to use during class and a digital file of the handouts will be emailed to you after class so you'll have a document with live links to follow up and practice on your own pc.

Due to the demonstration format of the class, individual assistance won't be available; however, you're welcome to follow the instructor if you bring your laptop. Windows 7 already installed and functional. (We will not be cover the process of upgrading to Windows troubleshooting.) Make sure your laptop is fully charged!

**Technology Trends: Home Use
Unplugged: Bluetooth, Wi-Fi a
April 13 12:15—3:15**

Are you using them without understanding them? Demystify these wireless wonders and learn how hackers can access your device and how to better protect yourself.

Devices with Bluetooth connectivity built in include Digital cameras and camcorders, Printers, Scanners, Cell Phones, PDAs, Laptops, Keyboards, Mice, Headsets, In-car hands free kits, GPS navigation receivers, Home appliances (microwaves, washers, dryers, refrigerators), computers, laptops. Wi-Fi devices include computers, laptops, cell phones, printers, home appliances, gaming systems, televisions, and the list is growing month by month.

No computer needed - this is a demonstration style class and you'll be watching the demo on the big screen. You'll receive an annotated handout of all the sites to take home and a digital file of the handouts will be emailed to you after class so you'll have a document with live links to follow up and practice on your own. Due to the demonstration format of the class, individual assistance won't be available, however, you're welcome to follow along with the instructor if you bring your Bluetooth and wifi devices. Make sure your batteries are fully charged!

**Technology Trends: Intro to iPad 2
April 27 12:15—3:15**

The second-generation iPad released in early April has new features and we'll explore the whole package, covering all the basics plus extras and useful apps. Tips and tricks for getting the most out of your iPad 2. If you have the new iPad 2, bring it to class (battery charged!). If you are thinking of getting an iPad 2 and just want to find out what they can and can't do – join in on this class and you'll have a chance to try one out.

Create and Write **9:30 -11:30**
Vel Gerth Room 108

Enjoy spontaneous writing. Exercises spark the morning to increase the use of your unique language.

Note: Class is limited to first fifteen students who register. This class fills quickly.

Piano-Keyboarding **10:00-12:00**
Jeanne Bryan Room 107

For students with basic knowledge of names and locations of those ivories and some note-reading. By term end, students can play familiar tunes. Piano book \$16. New students must contact instructor before joining the class. Class limited to 5.

The Americas before Columbus
Bill Taylor Room 106 **9:30-10:30**

Course Description: In this course we will discuss, *1491: New Revelations of the Americas Before Columbus*, by Charles C. Mann. This is a fascinating book that details the amazing achievements of the indigenous peoples of the Americas prior to the coming of the Europeans. I'm not an anthropologist, so I won't be able to answer questions that arise from the text, but I can organize a discussion and together we might be able to circle around some answers. If you wish to buy a used copy of the book, start early so you have it by the second week.

Book for course? *1491: New Revelations of the Americas before Columbus*, by Charles C. Mann.

Current International Events
Bill Taylor Room 106 **10:45-12:00**

This will be a discussion of current international events based on articles I will send out by e-mail. In the first class we'll agree on the topics for the following weeks. Each week I'll find articles on those topics and email them to you. The total amount of reading each week could be between 15-30 pages (there will be no need to print out the articles). It is imperative that you have access to the internet in order to be prepared for class discussions, unless you're someone who has been keeping up on international events.

Watercolor: Beginner and Beyond
Ellen Andersen Room 106 **12:30-2:50**

The demonstrations and instruction will mostly apply to transparent watercolor, but can be used with acrylic or gauche on paper. Supply list available.

Memorial Scholarship Fund

Our goal is to allow anyone desiring to take LLC classes to do so, whatever their financial condition. A scholarship fund is available. Do you know someone who would like to take classes but can't afford the fees? Encourage these potential students to talk with Edla at the LLC office.

Tai Chi 12:00-1:00
Tom Flener Gymnasium

Tai Chi Chuan is a Chinese martial art based on the principles of softness and relaxation overcoming hardness and tension. In these sessions we will study the Chan Ssu Gong or “Silk Reeling Exercise,” using the principles of softness and relaxation, to build a foundation for our forms and to bring these principles into our daily lives.

Reading Poems 1:00-2:20
Elhri Larsen, Facilitator Room 107

We each bring one or two poems we like—to read aloud to share. Poems by American and international writers, contemporary mostly, who speak to our love of language and our human experience, with insight and often humor

Book Discussion Group 1:00-2:20
Staff Room 108

We read contemporary fiction, and sometimes nonfiction and classics. We get one book a month from the Seattle Public Library’s book group list, so we don’t have to purchase all the books we read. Our basic pace is two books a month.

Recognizing our Supporters

These businesses have made contributions to the Lifetime Learning

Center. Recognize their support by giving them your patronage!

Exxon-Mobil Foundation
Boeing Matching Gift Program
McCarthy & Schiering Wine Merchants
Picasso Coffee House on 35th NE
Starbucks on 35th NE and 5 Corners/Green Lake
Top Pot Doughnuts
Spa Envy
Massage Envy
The Sand Point Grill
University Book Store

Taking the Bus to LLC

The #48 comes from Ballard/Loyal Heights to Ravenna Blvd. In the other direction, the #48 comes from the Mt. Baker neighborhood. The 48 will drop you off at LLC’s doorstep.

#64 comes from downtown and First Hill to the Park and Ride at Ravenna Blvd. and 65th, a short walk to the school.

The #16 comes from downtown. The #66 travels from downtown to the U-District via 12th Avenue. Transfer at 65th to one of several buses travelling a short distance west to Ravenna Blvd.

Name _____ New student Yes No

Address _____ How did you learn about LLC? _____

City _____ Zip _____ Phone _____ E-mail _____

Date _____

Would you like to receive schedules via e-mail instead of by regular mail? Yes ___ No ___

Class

MONDAY	Fee	Fee
<input type="checkbox"/> Hagar' Children _____	\$30	_____
<input type="checkbox"/> Civil War _____	\$30	_____
<input type="checkbox"/> Winter's Tale _____	\$30	_____
<input type="checkbox"/> Schumann _____	\$35	_____
<input type="checkbox"/> Crochet _____	\$30	_____

TUESDAY

<input type="checkbox"/> Balance _____	\$30	_____
<input type="checkbox"/> Brain _____	\$30	_____
<input type="checkbox"/> Spanish _____	\$30	_____
<input type="checkbox"/> Life Story _____	\$30	_____
<input type="checkbox"/> Classical Art _____	\$30	_____
<input type="checkbox"/> Camus _____	\$30	_____
<input type="checkbox"/> Quilting _____	\$30	_____
<input type="checkbox"/> Feminist Philosophy _____	\$30	_____
<input type="checkbox"/> Film Noir _____	\$30	_____
<input type="checkbox"/> Creative Writing _____	\$30	_____

Sub-total (column 1) \$ _____

Class

WEDNESDAY	Fee	Fee
<input type="checkbox"/> A Good Scent _____	\$30	_____
<input type="checkbox"/> Current Events _____	\$30	_____
<input type="checkbox"/> The Iliad _____	\$30	_____
<input type="checkbox"/> Paradox of Power _____	\$30	_____
<input type="checkbox"/> Beginning Bridge _____	\$30	_____
<input type="checkbox"/> Int. Bridge _____	\$30	_____
<input type="checkbox"/> Films _____	\$30	_____
<input type="checkbox"/> Windows 7 _____	\$25	_____
<input type="checkbox"/> Bluetooth _____	\$25	_____
<input type="checkbox"/> iPad2 _____	\$25	_____
<input type="checkbox"/> Clutter _____	\$30	_____

THURSDAY

<input type="checkbox"/> Piano-Keyboarding _____	\$30	_____
<input type="checkbox"/> Before Columbus _____	\$30	_____
<input type="checkbox"/> International Events _____	\$30	_____
<input type="checkbox"/> Creative Writing _____	\$30	_____
<input type="checkbox"/> Watercolor _____	\$30	_____
<input type="checkbox"/> Reading Poems _____	\$30	_____
<input type="checkbox"/> Lifetime Book Group _____	\$30	_____
<input type="checkbox"/> Tai Chi _____	\$30	_____

Sub-total (column 2) \$ _____

Class Fee Total combine sub-total column 1 and sub-total column 2 from lines above..... **\$** _____

Quarterly Registration Fee add to class fee total **\$ 15.00**

DONATION (We appreciate your generosity)..... **\$** _____

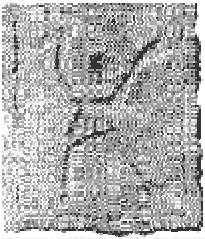
TOTAL FEES..... **\$** _____

Mail To:

Lifetime Learning Center
520 Northeast Ravenna Blvd.
Seattle, WA 98115

You may also register and pay online at: lifetimelearningseattle.org.

(To receive any refund, please contact us at the LLC office (206) 524-3778 and we will issue the refund promptly. Otherwise banks charge LLC \$25.00 to process a refund.)



LIFETIME LEARNING CENTER

520 Northeast Ravenna Blvd.
Seattle, WA 98115

Non-Profit Org.
U.S. Postage
PAID
Seattle, WA
Permit # 1140

Class Schedule Spring Quarter 2011 The Lifetime Learning Center

Visit us!



